

COVID-19 **SPIRITUAL** **CARE** **G.U.I.D.E**



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www.salembiblechurch.org



Dear Salem Family:

Indeed, we are experiencing an unusual and uncertain time with regard to the Coronavirus (COVID-19) epidemic that has impacted the entire world. As we have mentioned in our sermons and inspirational messages, this worldwide virus scare is a call to prayer for the universal Christian community. We have concluded that Salem Bible Church should join in this universal prayer vigil by sharing with you this prayer booklet, which will serve as our spiritual direction during this turbulent time.

The plan for this time of individual and corporate prayer is to have us all engaged in prayer three times each day as we pray in concert for ourselves, our loved ones, the church and the world. The specific subjects for prayer are based on the acronym: G.U.I.D.E., which references prayers for:

G – Gratitude
U – Understanding
I – Intercession
D – Devotion
E – Exaltation

The pages that follow, it is our hope that you will use the prayers, meditations and Scriptures as your guide to praying in earnest for healing, restoration and a mighty move of God as answered prayer.

We are praying for you and your family that you will be in good health and that you will prosper.

Your Pastors,

Dr. Joseph L. Williams, Senior Pastor

Rev. Jasper W. Williams, Jr., Pastor Emeritus

Coronavirus Spiritual Care G.U.I.D.E. Instructions

- I. Each day we are asking you to meditate on the Word as you begin and end your day (Joshua 1:8). You may choose the Scripture(s) of your choice or you may use the suggested Scriptures listed on the pages that follow.
- II. Each day you should pray at least three times a day, in the morning, in the afternoon and at night.
- III. Mondays through Friday we ask that you pray with your church family to include these prayer subjects and concerns:
 - Monday: **GRATITUDE** – Pray a prayer giving thanks to God for all God has done and will do for you.
 - Tuesday: **UNDERSTANDING** – Pray seeking God to help you to understand the times, God’s word and God’s will.
 - Wednesday: **INTERCESSION** – Pray a prayer of intercession as you consider and plead for the concerns of your family, friends, church, community and the world.
 - Thursday: **DEVOTION** – Pray that God will speak to you in your personal and corporate times of devotion including times of prayer, Bible reading and study, meditation and worship.
 - Friday: **EXALTATION** – Pray an extended time exalting (praising) God as you trust God that all things are working for your good and that you will live the abundant life.
- IV. As you are led by the Holy Spirit:
 - Pray *The Prayer of Repentance for the Nations*
 - Recite the *100 Healing Confessions*
 - Read *Psalm 91* along with *The Prayer of Protection*
 - Read the *Prayer of Pleading the Blood*
 - Pray the *Prayer of Putting on the Armor of God*

Prayer of Gratitude Scriptures

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

[Philippians 4:6-7](#)

Prayer of Understanding Scriptures

Whoever is patient has great understanding,
but one who is quick-tempered displays folly.

[Proverbs 14:29](#)

Prayer of Intercession Scriptures

I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people—
2 for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. 1 Timothy 2:1-2

Prayer of Devotion Scriptures

I can do all things through him who strengthens me.
Philippians 4:13

Prayer of Exaltation Scriptures

Psalm 34

The Prayer of Repentance for All Nations

Almighty God, we thank and praise You for Your unending mercy and grace poured out upon our nation. You have delivered us in times of war, reunited us after conflicts among ourselves, and filled our lives with such abundance that Your blessings overflow our borders.

Yet still, we take You for granted. We come before You now in desperate need of Your forgiveness. We confess that the liberty You so graciously gave us has become a license to do as we please. Our culture mocks You. Our highest courts are esteemed above Your Word. We have traded genuine spirituality for temporary pleasure and true virtue for hollow celebrity. We teach our children self-indulgence yet stand mystified at the blood on their hands. We lust after material things yet wonder why our souls are empty. We lament the walls that divide us, even as we segregate ourselves from one another.

Revive us, O Lord. Your presence is our only hope. Impart to us Your passion for good over evil. As we humble ourselves and seek Your face, forgive us O God, and heal us. Heal our land of the coronavirus and every other physical and social ill. Make us one, that America would be the land You envisioned from the beginning...a beacon of hope for the world, a people free to serve You and each other in genuine love. In the name of the God of Abraham, Isaac and Jacob—in the name of Jesus we pray. AMEN.

From National Prayer of Repentance in the Year of Our Lord 2020, *Pentecost Walk*,
<https://pentecostwalk.org/national-prayer-of-repentance>

100 Healing Confessions

Old Testament

1. It is the Lord who heals me (*Exodus 15:26*).
2. I will be buried in a good old age (*Genesis 15:15*).
3. I will come to my grave in a full age like as a shock of corn comes in his season (*Job 5:26*).
4. When I plead the blood, the Destroyer will pass over me, and the plague (coronavirus) will not be upon me to destroy me (*Exodus 12:13*).
5. He will take sickness away from my midst, and the number of my days He will fulfill (*Exodus 23:25- 26*).
6. He will not put any of the diseases (coronavirus) that I am afraid of on me, but He will take all sickness away from me (*Deuteronomy 7:15*).
7. It will be well with me, and my days will be multiplied and prolonged as the days of heaven upon the earth (*Deuteronomy 11:9, 21*).
8. The Lord turns the curse into a blessing unto me because He loves me (*Deuteronomy 23:5 and Nehemiah 13:2*).
9. The Lord has redeemed me from every sickness and every plague (coronavirus) (*Deuteronomy 28:61 and Galatians 3:13*).
10. As my days, so shall my strength be (*Deuteronomy 33:25*).
11. The Lord has found a ransom for me. My flesh shall be fresher than a child's, and I will return to the days of my youth (*Job 33:24-25*).
12. The Lord has healed me and brought up my soul from the grave. He has kept me alive from going down into the pit (*Psalms 30:1-2*).
13. The Lord will give me strength and bless me with peace (*Psalms 29:11*).
14. The Lord will preserve me and keep me alive (*Psalms 41:2*).
15. The Lord will strengthen me upon the bed of languishing. He will turn all my bed in my sickness (*Psalms 41:3*).
16. The Lord is the health of my countenance and my God (*Psalms 43: 5*).
17. No plague (coronavirus) shall come near my dwelling (*Psalms 91:10*).
18. The Lord will satisfy me with long life (*Psalms 91:16*).

19. The Lord heals all my diseases (coronavirus) *(Psalm 103:3)*.
20. The Lord sent His Word and healed me and delivered me from my destructions *(Psalm 107:20)*.
21. I will not die but live and declare the works of the Lord *(Psalm 118:17)*.
22. The Lord heals my broken heart and binds up my wounds *(Psalm 147:3)*.
23. The years of my life will be many *(Proverbs 4:10)*.
24. Trusting the Lord brings health to my navel and marrow to my bones *(Proverbs 3:8)*.
25. God's words are life to me, and health/medicine to all my flesh *(Proverbs 4:22)*.
26. God's good report makes my bones fat *(Proverbs 15:30)*.
27. God's pleasant words are sweet to my soul and health to my bones *(Proverbs 16:24)*.
28. God's joy is my strength. A merry heart does good like a medicine *(Nehemiah 8:10; Proverbs 17:22)*.
29. Blind eyes will be opened. My eyes will not be dim *(Isaiah 32:3; 35:5)*.
30. Deaf ears will be unstopped. My ears hear and will listen *(Isaiah 32:3; 35:5)*.
31. Dumb tongues will sing. My tongue will be ready to speak plainly *(Isaiah 35:6; 32:4)*.
32. The lame will leap as a deer *(Isaiah 35:6)*.
33. God will recover me and make me to live. He is ready to save me *(Isaiah 38:16, 20)*.
34. God gives power to the faint and increases strength to those who have no might *(Isaiah 40:29)*.
35. God renews my strength. He will strengthen and help me *(Isaiah 40:31; 41:10)*.
36. God will carry me to my old age and gray hairs, and He will deliver me *(Isaiah 46:4)*.
37. Jesus bore my sickness *(Isaiah 53:4)*.
38. Jesus carried my pains *(Isaiah 53:4)*.
39. Jesus was put to sickness for us *(Isaiah 53:10)*.
40. With Jesus' stripes we are healed *(Isaiah 53:5)*.
41. The Lord will heal me *(Isaiah 57:19)*.
42. My light shall break forth as the morning, and my health will spring forth speedily *(Isaiah 58:8)*.

43. The Lord will restore health unto me, and He will heal me of my wounds (*Jeremiah 30:17*).
44. Behold the Lord will bring it health and cure, and He will cure you, and will reveal unto me the abundance of peace and truth (*Jeremiah 33:6*).
45. The Lord will bind up that which was broken and will strengthen that which was sick (*Ezekiel 34:16*).
46. Behold, the Lord will cause breath to enter into me, and I will live. And God will put His Spirit in me, and I will live (*Ezekiel 37:5, 14*).
47. Wherever the rivers will come will live. I will be healed, and everything shall live where the river comes (*Ezekiel 47:9*).
48. I seek the Lord, and I will live (*Amos 5:4, 6*).
49. The Lord has arisen with healing in His wings (beams) (*Malachi 4:2*).

New Testament

50. Jesus touches me, and I am made clean (*Matthew 8:3*)
51. Jesus took my infirmities (*Matthew 8:17*).
52. Jesus bore my sicknesses (*Matthew 8:17*).
53. If I am sick, then I need a physician. The Lord is my physician (*Matthew 9:12 & Exodus 15:26*).
54. Jesus is moved with compassion toward the sick, and He heals them (*Matthew 14:14*).
55. Jesus heals all manner of sickness and all manner of disease (*Matthew 4:23*).
56. According to my faith, be it unto me (*Matthew 9:29*).
57. The Lord gives me power and authority over all unclean spirits to cast them out, and to heal all manner of sickness and all manner of disease (*Matthew 10:1 & Luke 9:1*).
58. Jesus heals them all (*Matthew 12:15 & Hebrews 13:8*).
59. As I touch Jesus, I am made perfectly whole (*Matthew 14:36*).
60. Healing is the children's bread. It belongs to me (*Matthew 15:26*).
61. Jesus does all things well. He makes the deaf to hear and the dumb to speak (*Mark 7:37*).
62. If I can believe, all things are possible to me if I believe (*Mark 9:23; 11:23, 24*).
63. When hands are laid on me, I will recover (*Mark 16:18*).
64. The Lord's anointing heals the brokenhearted, delivers the captives, recovers sight to the blind, and sets at liberty those who are bruised (*Luke 4:18; Isaiah 10:27; 61:1*).

65. Jesus heals all who have need of healing (*Luke 9:11*).
66. Jesus did not come to destroy people's lives but to save them (*Luke 9:56*).
67. Behold, Jesus gives me authority over all the enemy's power, and nothing shall by any means hurt me (*Luke 10:19*).
68. Sickness (coronavirus) is satanic bondage, and I am loosed today (*Luke 13:16 & 2 Corinthians 6:2*).
69. In Jesus is life (*John 1:4*).
70. Jesus is the bread of life. He gives me life (*John 6:33, 35*).
71. The words Jesus speaks unto us are spirit and life (*John 6:63*).
72. Jesus comes that I can have life and have it more abundantly (*John 10:10*).
73. Jesus is the resurrection and the life (*John 11:25*).
74. If I ask anything in Jesus' name, He will do it (*John 14:14*).
75. Faith in Jesus' name makes me strong and gives me perfect soundness (*Acts 3:16*).
76. The Lord stretches forth His hand to heal me (*Acts 4:30*).
77. Jesus Christ makes me whole (*Acts 9:34*).
78. Jesus does good and heals all who are oppressed of the devil (*Acts 10:38*).
79. Jesus' power causes diseases (coronavirus) to depart from me (*Acts 19:12*). 8
80. The law of the Spirit of life in Christ has made me free from the law of sin and death (*Romans 8:2*).
81. The same Spirit that raised Jesus from the dead now lives in me, and that Spirit will quicken my mortal body (*Romans 8:11*).
82. My body is a member of Christ (*1 Corinthians 6:15*).
83. My body is the temple of the Holy Spirit, and I glorify God in my body (*1 Corinthians 6:19, 20*).
84. If I rightly discern the Lord's body that was broken for me, and judge myself, then I will not be judged, and I will not be weak, sickly or die prematurely (*1 Corinthians 11:29-31*).
85. Jesus has set gifts of healing in His body (*1 Corinthians 12:9*).
86. The life of God will be made manifest in my mortal flesh (*2 Corinthians 4:10-11*).
87. The Lord has delivered me from death. He delivers me. If I trust Him, He will yet deliver me (*2 Corinthians 1:10*).

- 88.** Jesus has given me His name and has put all things under my feet (*Ephesians 1:21-22*).
- 89.** Jesus wants it to be well with me. He wants me to live long on the earth (*Ephesians 6:3*).
- 90.** Jesus has delivered me from the authority of darkness (*Colossians 1:13*).
- 91.** Jesus will deliver me from every evil work (*2 Timothy 4:18*).
- 92.** Jesus tasted death for me and destroyed the devil who had the power of death. Jesus delivered me from the fear of death and bondage (*Hebrews 2:9, 14-15*).
- 93.** Jesus washes my body with pure water (*Hebrews 10:22; Ephesians 5:26*).
- 94.** I lift up my weak hands and feeble knees. I do not let the lame be turned aside. Instead, I let Jesus heal it (*Hebrews 12:12, 13*).
- 95.** The elders anoint me and pray for me in Jesus' name, and He will raise me up (*James 5:14-15*).
- 96.** I pray for others, and the Lord heals me (*James 5:16*).
- 97.** By Jesus' stripes I am healed (*1 Peter 2:24*).
- 98.** Jesus' divine power has given unto me all things that pertain unto life and godliness through the knowledge of Him (*2 Peter 1:3*).
- 99.** Whosoever will let him come and take of the water of life freely (*Revelation 22:17*).
- 100.** Beloved, the Lord wishes above all things that I may...be in health (*3 John 2*).

Adapted from *God's Will to Heal* by Keith Moore, Faith Life Publishing, Branson, MO (2013).

<https://faithtrainers.com/wp-content/uploads/2017/01/101-Things-God-Said-About-Healing.pdf>

Psalm 91 and Prayer of Protection

Psalm 91 (NLT Version)

- 1 Those who live in the shelter of the Most High will find rest in the shadow of the Almighty.*
- 2 This I declare about the Lord: He alone is my refuge, my place of safety; he is my God, and I trust him.*
- 3 For he will rescue you from every trap and protect you from deadly disease.*
- 4 He will cover you with his feathers. He will shelter you with his wings. His faithful promises are your armor and protection.*
- 5 Do not be afraid of the terrors of the night, nor the arrow that flies in the day.*
- 6 Do not dread the disease that stalks in darkness, nor the disaster that strikes at midday.*
- 7 Though a thousand fall at your side, though ten thousand are dying around you, these evils will not touch you.*
- 8 Just open your eyes, and see how the wicked are punished.*
- 9 If you make the Lord your refuge, if you make the Most High your shelter,*
- 10 no evil will conquer you; no plague will come near your home.*
- 11 For he will order his angels to protect you wherever you go.*
- 12 They will hold you up with their hands so you won't even hurt your foot on a stone.*
- 13 You will trample upon lions and cobras; you will crush fierce lions and serpents under your feet!*
- 14 The Lord says, "I will rescue those who love me. I will protect those who trust in my name.*
- 15 When they call on me, I will answer; I will be with them in trouble. I will rescue and honor them.*
- 16 I will reward them with a long life and give them my salvation."*

Prayer of Protection (Psalm 91)

I thank You Father, O Most High God, for blessing me to dwell in Your secret place, under the shadow of Your wings of protection, in true intimacy with You, embraced and sheltered by Your power and Your precious love.

I confess and say unto You, O Lord, that You alone are my refuge, my fortress, and my place of protection from danger and distress. You are also my stronghold and my defense against my enemies. You are the only God in whom I serve. And only in You will I confidently place my trust.

I trust not in my own abilities, nor in my own wisdom or strength; but to trust in You, O Lord, to deliver me from the snares, traps and the deceptive and sinful temptations and entanglements of Satan. You are also my deliverer from every sickness, disease, and pestilence (coronavirus).

I thank You Father for covering me with Your feathers of safety, warmth and love – far out of the reach and grasp of my enemies. And the truth and power of Your Word is my defense, my shield and my protection around me.

Because I dwell in Your secret place, I shall not be afraid of the spiritual dangers of demonic tactics and attacks of Satan; nor shall I be afraid of the plots of the wicked (people) that he would influence and use to fight against me.

Neither shall I worry, fret nor be afraid of unseen and unknown catastrophic disasters or deadly diseases; nor of sudden death or destruction of my life, or destruction of Your blessings in my life.

Even though many fall to the temptations and destruction of the enemy on one side, and tens of thousands suffer lack and are afflicted with sickness, disease and other calamities on the other side, none of these evils shall fall upon or come near me.

I will see with my eyes the punishable rewards and destruction of the wicked and the unjust, but I shall not partake in their sufferings.

Because I have made You, O Lord, the Most High God, my abode, my dwelling place and my habitation, no evil shall be able to fall upon or touch me, and no sickness or disease can come upon me, or even come near my home or family.

I thank You Father for commanding Your angels to watch over me and protect me wherever I go. They are encamped in a hedge of protection around me. They shall preserve me, defend me, and keep me safe from all hurt, harm and danger.

I thank You for giving me power and authority in Christ Jesus over every demon and devil. And, because I am hid in Christ in heavenly places, even as Christ has all things under His feet, I also have all things under my feet. And therefore, even the demonic and satanic principalities, powers, and wicked spirits in high places are trampled under my feet.

Because I have set my heart upon You, to love You and serve You with all of my heart, my soul, my strength and might; And, because I reverence You, and worship Your holy, mighty, majestic, precious and glorious name, You shall deliver me from every attack of the enemy, and none of his weapons shall prosper against me.

Because I make my habitation and dwelling place in You, O Lord, whenever I am in trouble of any kind, and I need to call upon You for my help, You will be right there as always to answer me, and honor me with Your mighty hand of deliverance: And, You will show me the salvation of the Lord by blessing me with a long, healthy, safe and prosperous life, and give unto me Your many wondrous blessings.

From *The Weapons of Our Warfare Volume 1*, Kenneth Scott, Spiritual Warfare Ministries, Inc., Birmingham, Alabama (2001).

Prayer of Pleading the Blood

7 And they shall take of the blood, and strike it on the two side posts and on the upper door post of the houses, wherein they shall eat it.. 13 And the blood shall be to you for a token upon the houses where ye are: and when I see the blood, I will pass over you, and the plague shall not be upon you to destroy you, when I smite the land of Egypt (Exodus 12:7, 13).

And they overcame him by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death (Revelation 12:11).

- Thank You, Father, for the benefits and provisions of the blood of Jesus.
- I walk in the light, and the blood of Jesus cleanses me from all sins.
- I stand on the ground of Jesus' blood to proclaim victory over sin, Satan, his agents, and the world.
- I apply the blood of Jesus to the coronavirus and every stubborn problem in my life.
- I plead the blood of Jesus upon my body, from the top of my head to the sole of my feet.
- I soak my life in the blood of Jesus.
- I speak the blood of Jesus, the fire of God, and angelic presence around me, my home, and my family.
- I paralyze all satanic oppressors delegated against me with the blood of Jesus.
- I hold the blood of Jesus as a shield against any power poised to resist me in the name of Jesus.
- By the blood of Jesus, I stand against every device of distraction.
- Let every door that I have opened to the enemy be closed forever with the blood of Jesus.
- Through the blood of Jesus, I have been redeemed out of the hands of the devil.

Therefore, the coronavirus cannot touch me.

- Through the blood of Jesus, I am justified, sanctified and made holy with God's holiness.
- Through the blood of Jesus, I have the life of God in me, and I have access to His presence.
- I paralyze and cut off the head of this coronavirus goliath with the blood of Jesus.
- If there is anything in me that is not of God, I don't want it. Depart in the mighty name of Jesus
- Let the blood of the Cross stand between me and any dark power delegated against me.
- I defeat, paralyze and erase the spirit of demotion, financial downgrading, failure at the edge of miracles, vision killers, dream attackers and inherited problems by the blood of Jesus.
- Let the power of the blood of Jesus be released on my behalf and let it speak against every stubborn mountain and dead bone in my life.
- I cover my church, my pastor, his family, all leaders and their families, and all Salem Bible Church members and their families, my city, and this nation with the blood of Jesus.
- In the name of Jesus, I apply the blood of Jesus over my house, spouse, children, and car.

Demons you cannot enter my house.

- I draw a circle of Jesus' blood, God's fire, and the angels around me, my family, and my property.
- You cannot put any sickness on me because I am redeemed by the blood of the Lamb.
- The blood of Jesus speaks destruction into the enemy's camp causing the coronavirus.
- Let the blood of Jesus speak disappearance unto every infirmity, virus, germ, or bacteria that attempts to come into my life.
- Satan, the Jesus who shed His blood crushed your head and He is my Lord.
- Let the blood of Jesus speak victory, health, and wellness into my life.

- I sprinkle the blood of Jesus on the doorpost and grounds of our home, all my properties, and everything under my authority. Coronavirus, you are off limits and cannot touch me, my family, my home, or anything that concerns us, in Jesus' name.

From the article "The Blood of Jesus as a Weapon" on *The Refuge of Righteousness* by Fren Poyser, <http://refugeofrighteousness.com/using-the-blood-of-jesus-as-a-weapon/>

Prayer of Putting on the Whole Armor

Heavenly Father, I put on the whole armor of God, and I stand against all the wiles of the devil, that I may withstand him in the evil day. Therefore:

- I put on my helmet of salvation.
- I have on the breastplate of righteousness.
- My loins are girted about with truth.
- My feet are shod with the preparation of peace.
- I take the shield of faith to quench every fiery dart of the wicked one.
- I have the sword of the Spirit which is the Word of God.
- I have prayed on my armor. Therefore, Satan, you and your evil spirits see the armor, and you cannot touch or attack me with the coronavirus.